

INVERCARGILL ROWING CLUB (INC.)



One Hundred and Forty-Seventh Annual Report and Financial Statement Year ended 31 March 2023

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One Hundred and Forty-Seventh Annual Report and Financial Statement of the Invercargill Rowing Club (Inc.) for the year ended 31 March 2023. To be presented to the Annual General Meeting of Members at the Invercargill Rowing Club rooms at 89 Sandy Point Road, Invercargill on Monday 21 August 2023, 7.30pm.

Club members,

Your management committee has much pleasure in presenting for your approval the following one hundred and forty seventh annual report and financial statement of your club.

Officers Bearers:

President	Jack Allan (Resigned Nov 2022) Ian Hamilton voted to fill role
Patron of Club	Ron Riley
Past President	Julie Dyer
Vice President	Jacqui van Dam (Resigned Nov 2022) Position remained vacant.
Secretary	Kate Watkinson (From Oct 2022)
Treasurer	Christine North
Assistant Treasurer	Vacant Position
Signing Officers	Treasurer, Secretary, President
Records Clerk	Gavin McKenzie
Auditor	BDO
Trustees	Ron Riley, George Kempton
Club Captain	Tristan Duffell, until May, then Penny Barnsdale
Deputy Club Captains	Trent Holden and Maddison Booth
Club Coaches	Julie Dyer, Kevin Flutey, Jack Allan, Frank Dean, Penny Barnsdale, Dave Galbraith, George Kempton, Shaun Wilks, Craig Brown
Committee	Julie Dyer, Christine North, Cecelia Russell, Rachel Greenwood (H&S rep) Nathan Te Tai, Caitlin Te Tai, plus club captains'
SARA Delegates	Tristan Duffell, Trent Holden, Maddison Booth, Penny Barnsdale Julie Dyer, Steve Dyer, George Kempton

Life Members

Russell Bagrie, Jack Pasco, George Hopwood, Rex Boniface, Cliff Buchanan, Dave Galbraith, Doug Frisby, Keith Helm, Ron Riley, George Kempton, Nathan Cohen, Ian Hamilton, Christine North, Phil Aicken

Presidents Report

Invercargill Rowing Club – Established 1875 - Home Club of Olympic Gold Medallist Nathan Cohen & World Rowing Junior Championship Gold Medallist Shakira Mirfin

Welcome to my annual report for 2022/23 rowing season. In December 2022, after 10 years, I was once again nominated to be President of IRC, with the support of the previous long-standing President, Julie Dyer. We have a lot of new and dedicated committee members, who have coped well with so many challenges as volunteers. The key to having a successful club is to be part of a common purpose or interest and talk to each other.

C Communication
L Laughter
U United
B Bonding

Over the last few months that's what we have been working on as a committee and would like all members to appreciate and to communicate.

Thanks to all the young athletes hanging in there over the last few years of covid restrictions and finally being able to attend their first full year of novice racing. To all parents thank you for supporting and understanding these times and juggling time and the availability of the coaches. The highlight for me is seeing the young novice boys and girls achieving their best, and the age-group rowers never giving up.

Special mention is of Kristen Froude who is still competing for her spot in the NZ Elite Women's squad, and Shakira Mirfin who has been selected into the NZ Under 23 Women's Coxed Four. Also, our own Special Olympics member Lynett Williams won 4 medals (1 Gold, 2 Silver & 1 Bronze) in the Powerlifting event at the Special Olympics World Summer Games in Berlin, Germany. Grant McKenzie is gaining confidence and now rows in single scull races with no pontoons. Well done Grant and thanks to his coach Dave Galbraith.

Congratulations to our very faithful club member Phil Aicken, who was presented with a Life Membership to Invercargill Rowing Club, on 26 February 2023.

Thank you to all my committee members, coaches, masters, life members working behind the scenes keeping things ticking along. Also, thanks to our Sponsors the ILT Foundation, Community Trust South, Aotearoa Gaming Trust, Macaulay Ford, and Decom Electrical for their ongoing support of our Club.

Ian Hamilton
President



2022/23 Invercargill Rowing Club Results

New Zealand Nationals

Wprm4x - A Final 3 rd place	Kristen Froude, Laura Glen, Mackenzie Tuffin, Macelia Turfus
Wprm1x – A Final 7 th place	Kristen Froude
WNov2x - B Final 2 nd place	Mia Brown, Maddie Malmstrom
WNov2x - B Final 2 nd place	Kate Taare, Ruby Watkinson
WNov4+ - A Final 5 th place	Kate Taare, Drew Thomas, Abby Brown, Ruby Watkinson+ Lily Clark (Cox)
WNov4x+ - B Final 3 rd place	Mia Brown, Drew Thomas, Abby Brown, Maddie Malmstrom
MNov2x – B Final 1 st place	Jamie Gray, Tane Wilson
MNov2x – B Final 7 th place	Alex Henderson, G Browning

Aon Maadi Cup

No Crews attended Aon Maadi Cup 2023

South Island Secondary School Championships

Gu161x – B Final 3 rd place	Maddie Malmstrom
Gu181x – A Final 8 th place	Caitlin Te Tai
Gu152x – B Final 1 st place	Drew Thomas

Invercargill Rowing Club Awards 2022/23 Season

Kempton Family; Novice Trophy - Jamie Gray, Alex Henderson, George Browning, Tane Wilson, Noah Lucy (Cox)

C Brown Builders; Best Performing Male Novice - Tane Wilson

Rex Boniface; Rose Bowl - Cecelia Russell

Mclvor Trophy; Consistent Effort - Caitlin Te Tai

Galbraith Family; Trophy Most Improved - Ruby Watkinson, Kate Taare

Invercargill Rowing Club – Established 1875 - Home Club of Olympic Gold Medallist Nathan Cohen & World Rowing Junior Championship Gold Medallist Shakira Mirfin

Student Cup	- George Browning
Coxswain Cup	- Ciara Hourston
King Crab	- Tane Wilson
NZAS Best Performing Double	- Maddie Malmstrom, Drew Thomas
NZAS Best Performing Pair	- Virginia Sweney, Cecelia Russell
President Trophy, Best Performing Single	- Grant McKenzie



Southland Rowing Association Awards 2022/23 Season

Points Trophies

Poppy Finnerty Shield – Women’s Novice Four – Overall Points – Invercargill

SRA Oar – Men’s Novice – Overall Points – Invercargill

Jack Hogan Memorial Oar – Men’s Open Aggregate Points - Invercargill

Other Trophies

Southland Masters Rower of the Year- Dave Galbraith Trophy – Rex Ryan

Southland Rowing Administrator of the Year – Owen Nuttal Trophy – David Galbraith

Southland Oarsperson of the Year – Rex Boniface Trophy – Kristen Froude

Invercargill Rowing Club – Established 1875 - Home Club of Olympic Gold Medallist Nathan Cohen & World Rowing Junior Championship Gold Medallist Shakira Mirfin

Legion Trophies

Men's Novice Quad Sculls – Florence Hopwood Cup – Invercargill – Tane Wilson, Alex Henderson, George Browning, Jamie Grey, Noah Lucy (Cox)

Women's Novice Quad Sculls – Rewcastle Trophy – Invercargill – Mia Brown, Abby Brown, Drew Thomas, Maddie Malmstrom, Tiziana Mazaena Churrauarin (Cox)



Club Captains Report

Committee Support

Thank you to our committee for your ongoing support for the 2022/23 season. The amount of volunteer hours given to the club has not gone unnoticed and is the reason for another successful year. It is great to see IRC welcoming new members and continuing to be a strong, vibrant club catering for rowing of all levels and abilities.

Regattas Local

Winter Series Meridian Long-Distance Races

This series is a perfect opportunity for rowers to use as part of their winter program and IRC makes good use of this event year after year with steady numbers turning up.

Invercargill Sprints, Legion, Southland Champs, Masters/Juniors

These regattas were well supported from our club with great numbers entered and good results.

Adaptive Rowers

Dave Galbraith is once again doing an amazing job with the adaptive squad. Once again hosting a very successful indoor competition held at the club rooms.

Away Regattas

Cromwell – Clyde Long Distance

We had three crews entered in this event this season, one of which being the coastal rowing boat. A beautiful day with some choppy water and finished with a club brunch in Clyde.

Clyde Regatta

We had mostly novice rowers attend this regatta along with awesome parental support, the start of a good comradery which continued throughout the season. Parents and rowers enjoyed the meal out at Monteiths.

Canterbury Champs

The first Twizel away regatta for all the novice rowers and being racing conditioned, it couldn't have been any better. Raced on very calm waters.

NZ Nationals

Were held at Twizel. A very new squad went away this season competing in the novice events. This squad included Alex Henderson, George Browning, Jamie Gray, Tane Wilson, Kate Taare, Drew Thomas, Abby Brown, Ruby Watkinson, Lily Clark, Mia Brown, Maddie Malmstrom, Ciara Hourston along with coaches Penny Barnsdale and Ian Hamilton. A special mention to Frank, George and Shuan who put in many hours of coaching throughout the season and leading up to this regatta, but unfortunately couldn't be there in person. All rowers made a B or A final. A big thanks to all parents who helped at this regatta Results on the water was outstanding and this came down to the hours of commitment from both rowers and coaches.

South Island Secondary Schools

IRC joined with Waihopai Rowing Club creating crews from James Hargest College, Southland Girls High School and Verdon College. Crews training a couple weeks leading up to this regatta as well as entering in local regattas in crew boats. All in all, this was a successful weekend.



Boat Towing

Thank you to our local sponsor Macauley Ford for supplying a new Ford Ranger to tow the boats, also with paying for fuel your generosity is greatly appreciated by all club members.

Drivers

Julia Dyer

Equipment Repairs

Thanks for all those involved that have helped maintain and repair the fleet of boats.

Parental Support

Safety boats, transport, accommodation, boat towing, assistance at regattas, fundraising. The support from parents is greatly appreciated with regards to the above and much more. It was fantastic having you involved at the away regattas.

Guest Coaches

Jared Cummings from rowing NZ visited Southland twice this season, his input was appreciated.

Southland Sports Awards

Congratulations to Dave Galbraith for winning the Services to Sports award.

Penny Barnsdale – Club Captain



Coaches Reports

The 2022/23 season coaches have been; Julie Dyer, Kevin Flutey, Jack Allan, Frank Dean, Penny Barnsdale, Dave Galbraith, George Kempton, Shaun Wilks, Craig Brown

Squad

Girls U16 Crew 2022-23

Coaches

Penny Barnsdale, Frank Dean (Awarua Boating Club)

- Penny was the head coach and Frank the Manager/Assistant coach.
- A special thanks to Jack Allan and Jacqui van Dam who had helped with coaching and mentored the previous season. Most importantly they got Penny and Frank to a place of confidence that they felt they were ready to back themselves for the 2022-23 season.

Squad details

For the racing season there was a squad of nine athletes, seven rowers and three coxswains: 3 JHHS (incl. one coxswain), one Verdon & five SGHS (incl. two coxswains). This was down from the previous years with some leaving after or during the 2022 winter.

There was one athlete (Verdon) who was not ready to race this season and received separate coaching by Frank along with a coxswain who was too young to race but had previous rowing experience.

The other two coxswain were previous rowers in the crew but couldn't row this season due to medical reasons.

Winter training 2023

Three athletes are now training with Jack Allan as coach.

The younger coxswain with previous rowing experience is now training as a rower with her age group as part of Craig and Awhina' squad. One coxswain is now fit to row and is now part of the winter training with Penny and Frank.

Winter training involves the athletes doing other winter sports for variety, twice weekly ergs, and a Sunday morning on-water session with Frank, including monthly Bridge-to-bridge long distance races. For the traditional very calm winter conditions, the weekly on-water has been an opportunity for the athletes to extend their skill sets such as 2- (pair) and 1x (single) single rowing. Their keenness to try new boat types has been a joy to observe.

From 9 July 2023, four girls were nominated to the Southland Provincial training squad, and this replaces the weekly Sunday session with Frank. Penny is included in the provincial coach's group along with those from Waihopai. There is a lot of benefit to building team experience and skills training with different athletes and different coaches so being a part of the provincial team is valuable to the athletes even if they are not selected to a provincial squad.

The Season

The season was focused on the club championships as the NZ National Championships were being held at Lake Ruataniwha, Twizel. It was wonderful to see the athletes attend all the away regattas, as mentioned in the Club Captains report, because this enabled them to compete against a greater variety of crews and build an understanding of expectations. Additionally, it allowed them to become comfortable with the regatta environment. A huge acknowledgment to the wonderful support from the parents to enable the athletes to attend these regattas and a special thank you to Tessa Thomas for organising much of the accommodation and food requirements allowing the coaches to focus on the rowing.

Thanks to the other coaches who helped during the season, be it mentor support, covering coach absence and regatta attendance.

Successfully coaching is not on one person or group but a successfully collaboration with coaches, parents, and athletes and overall, this was achieved with the same group of athletes continuing into the next season with apparent enthusiasm and buoyance.

Next Season

With New Zealand Secondary School Championships (aka. Maadi Cup) being held at Lake Ruataniwha the focus is to be on school crews and the makeup of these is yet to be determined. It is also an opportunity to continue to expand athlete experience in different boats and potentially develop a preference.

Summary

A final thanks to all parents, athletes, and all other helpers involved (fellow club members). We truly couldn't have done it without you. Overall, a successful season and looking forward to the continued growth going forward.

Cheers, Coaches - Frank and Penny

Girls U18 Crew 2022-23

My crew of Caitlin Te Tai and Maddison Booth had a good start as they both were recovering from injuries. Kevin Flutey, Awarua Boat Club, agreed to join them as their main coach with myself in support role to him. Kevin's expertise in injury recovery and rowing a pair was immeasurable. Caitlin and Maddison grew as rowers and myself as a coach thanks to Kevin. Otago Champs and Canterbury Champs went well as they had a 4th place in A final GU18 2-. Unfortunately, with a forced boat change to a different boat, meant we struggled with the setup of it and Maddison back injury resurfaced and her rowing season ended. Caitlin continued competing in a single for rest of the season at regattas with average results. This partly due to the fact that the goal she and Maddison had set for themselves of Maadi GU18 2- A final was no longer achievable. Caitlin then refocused on the 2023-24 season in the single at Nationals and future University Rowing 2024.

Proud Coach Julie Dyer.

Boys U18 Crew

I took over as caretaker coach of the novice boys coming out of last season when the previous coaches Zac and Xavier returned to studies.

The nature and enthusiasm of the guys was too good to let pass with the probability that they would not continue to row without support.

At this point I wish to thank Shaun Wilks, Penny Barnsdale, Frank Dean and Ian Hamilton who helped with regatta entries and all the other stuff that I struggled at times to keep up with.

Shaun shone out as an awesome all-round coach. His rapport with the boys and his skill in coaching technique drawn from his personnel experience as an athlete gave him the absolute respect of the guys. I'm sure he will be back coaching as his work commitments change to allow him the time to do so.

We had seven male school age athletes carry over from the summer but that dropped to three serious players. Alex Henderson, Jamie Gray and Tane Wilson were seriously on board with Jamie then recruiting George Browning. He picked things up really rapidly and punched above his level to compete equally with the crew. George in turn recruited Noah to cox. He hit the ground running with previous experience and added his own dynamics to the crew.

Noah being one of the few coxswains to also race in a single and stay dry every time he was out in the single.

The season progressed with huge dedication in training the boys to be competitive in both their land work and on the water.

Highlights for me were:

Jamie and Tane receiving a bronze in the double South Island Champs.

George and Alex both competing in the same final.

The whole crew in the B final of the Double at NZ Champs. Jamie and Tane winning it, with Alex and George about the middle of the field.

There was bitter disappointment when a gear breakage put them out of the Quad Semifinal race early after being in the front of the field.

Thanks to the parents for their team effort in making it all tick over.

Cheers GK (George Kempton) - Coach

Learn to Row Introductory Sessions 2022/2023

We started late January this year with about 22 girls who originally came and gave rowing ago after a school recruitment drive. Recently Craig and I have been sharing our coaching, with me doing Wednesday training after school, and Craig doing Sunday mornings.

There are now about 6 girls who always come to training consistently on Wednesdays. Wednesday training is on land, where we have been focusing on building the girls core strength, fitness and honing their technique with a combo of running, core strength exercises and 5km ergs, with some interval work. I am quite proud of the progress the girls have made so far, they have all come in with different fitness levels, they've shown me they want to learn and get better and most importantly I think they've been having fun doing so!

We have some hearty new rowers coming forth and I am excited for their futures. It's been very rewarding for me personally seeing these young ladies go from strength to strength - bring on the summer rowing season.

Awhina Russell (Joint Coach)

On Sunday mornings, with the help of Riley Chilton and Xavier Wright, we have been coaching seven girls (5 from James Hargest, and 2 from SGHS). At the start of the 2023 year, we started with 12 secondary school students for the Introductory Learn to Row Sessions, with 7 sticking with it. The Sunday morning session (weather permitting) we try to get an on-water session. However, Invercargill weather being what it is, Sunday's have been a bit 50/50 as to water and erg training. The girls are very eager to get more experience on the water though.

Craig Brown (Joint Coach)



Masters Crews 2022-23

South Island Master's Championship - Picton Harbour June 2023

Squad: Gavin McKenzie, Robin Wilks, Geoff Gorton, Ian Hamilton, Steve Dyer
Katrina Allan, Cecelia Russell, Virginia Sweney, Jacqui van Dam

Results:

8 km long distance race

GOLD - WM 4- – 8th overall, fastest woman Jacqui van Dam, Cecelia Russell, Virginia Sweney, Katrina Allan

GOLD - M Coastal – Ian Hamilton, Geoff Gorton, Steve Dyer, Robin Wilks, Gavin McKenzie (cox)

1km Races

GOLD – Mixed 4- (E-K) Jacqui van Dam, Robin Wilks, Geoff Gorton, Katrina Allan

GOLD - M1x (E-K) Robin Wilks

GOLD – W4- (A-D) Jacqui van Dam, Cecelia Russell, Virginia Sweney, Katrina Allan

GOLD – W4- (E-F) Jacqui van Dam, Cecelia Russell, Virginia Sweney, Katrina Allan

GOLD – W2- (E-F) Jacqui van Dam, Katrina Allan

GOLD – W2- (A-D) Virginia Sweney, Cecelia Russell

Trophies achieved:

W4- fastest - Jacqui van Dam, Cecelia Russell, Virginia Sweney, Katrina Allan

W2- fastest – Virginia Sweney, Cecelia Russell

2nd – Mixed 2x (E-F) Ian Hamilton, Cecelia Russell

3rd – Mixed 4x (E-K) Virginia Sweney, Cecelia Russell, Gavin McKenzie, Steve Dyer

2nd – M4x (E-K) Geoff Gorton, R Wilks, Steve Dyer, Gavin McKenzie

4th – M4- (E-K) Geoff Gorton, Ian Hamilton, Steve Dyer, Gavin McKenzie

2nd – Div 1 M2x (E-K) Geoff Gorton, Robin Wilks

6th – Div 3 M2x (E-K) Steve Dyer, G McKenzie

A great performance from all in our small group, being very competitive, our woman competed in 5 events and won 5 gold, outstanding course with Katrina Allan and Jacqui van Dam being straight as an arrow all weekend. Weather on Saturday clear blue skies and a breeze, water conditions for the long distance were challenging along with the Inter Islander and Blue Bridge ferries coming and going, a busy harbour with recreational boats creating boat wake. Sunday's conditions were even more challenging, and the rain held off until mid-day when light showers came in, after the lunch break racing was shortened to 500m and then back to 1km racing for the 8's, the water flattened once the regatta was complete. A well-run regatta by the Picton club under the guidance of Amanda Inksta. The 2024 SI Masters Championship event will be hosted by Wanaka.



Coastal Rowing 2022/23

The Coastal Rowing boat was christened “Rowing for Life” on 26 February 2023. It has been rowed in quite a few long-distance races – South Island Masters in Picton on Kings Birthday weekend 3-4 June, around Ruby Island on Lake Wanaka on 15 July, and the local Bridge to Bridge long distance races on the Oreti River. There have also been several training rows on the sea including Colac Bay to Riverton Rowing Club. Plans are on schedule for the start of the first leg of the Rowing for Life Aotearoa NZ charity fundraiser, from Stewart Island to Bluff, on 2 December 2023.



Special Olympics/Adaptive Rowing Squad Report 2022/23

Four athletes were involved in the rowing programme during the 2022/2023 season
Arron Wild, Grant McKenzie, Nathan Scorrington and Lynett Williams

The conditions for on water rowing have been excellent the past year, the team spending more time on the water- often in singles- than on the indoor rowing machines (ergs). The athletes prefer getting onto the water and also have a weights and exercise circuit that is completed after their erg or boat training.

Grant and Lynett both competed at regattas early in the season, with Grant receiving the IRC Presidents trophy for the best performance rowing in a single this season.

Lynett having been selected for the New Zealand Special Olympic team to compete at the Special Olympic World Games in Berlin at Power lifting, stepped back from some of the

rowing training to concentrate on her Power lifting. Lynett then went onto win 1 Gold medal 2 Silver and a Bronze Medal at the games.

Grant competed at Lake Ruataniwha at the Otago and South Island Club Championships. Winning gold in the Masters Single sculls at the South Island regatta, he was also in the top first 3 finishers in his four other races over the two weekends. Grant also took out the gold medal in the adaptive single at the South Island Masters Championships on Lake Waiholo in June 2022

The South Island Adaptive Indoor Rowing Championships were held at the Invercargill Rowing Club on 29th April 2023. Nathan had his first taste of competing with some close finishes against the Canterbury & Otago athletes. Arron and Lynett finishing in the top three in their class. Grant claimed wins in all four events he entered in.

Rowing New Zealand have set up a committee to look at getting more adaptive athletes into rowing, I have been assigned to this committee and it's not just for learning disabilities it's all types of disabilities RNZ want to see more athletes with disabilities competing at international events -- Para & Virtus Games

Support from the Invercargill Rowing Club –Julie Dyer, Caitlin Te Tai and Anne McKenzie is very much appreciated.

David Galbraith --- Adaptive Coach



2022/23 Fundraising and Club Purchasing Programme

The club has had another successful year with its annual fertiliser fundraiser, with 45 tonnes sold over 6 weeks and very little stock remaining following the last weekend of sales. Once again there were many businesses and individuals who donated product, distribution

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materials and time. These donations significantly increased the overall profits received, most of which are required to cover the club's buildings and plant insurance premiums.

A recent calculation has also highlighted the fact that this fundraiser keeps the membership fees at a reasonable level. Without it the annual membership fees would be approximately \$400 per member more expensive.

An application for community funding was submitted and approved by Aotearoa Gaming Trust for the purchase and installation of 4 external security cameras, along with the associated cabling, Wi-Fi transmitter and recorder.

The funding grant received from AGT totalled \$2,383.00 GST excl.

The expenditure associated with the security camera upgrade project totalled \$3,319.78 GST excl.

In addition to the expenditure above the club received equipment to the value of \$345.00 and 37 hours of donated labour to complete the installation.

The ordering of the new sweep oars that was also included in the 2022/23 approved Capex list was delayed, while the need for them was reviewed, but confirmed as being required several months later. A late application for community funding has recently been made.

Gavin McKenzie



Plant and Equipment Report

The Sydney 2000 quad was damaged in transit to the South Island Masters Championships held at Lake Waihola. It was repaired by FI Innovations following an insurance claim with a total repair cost of \$4,295.71 GST excl.

The new coastal rowing quad purchased during the previous season was christened "Rowing for Life" and a series of minor improvements have been made to it during the current season.

Following the busy period where boats were taken to several away regattas there were several maintenance issues identified to the boats that required repair. The boat repairs have been completed, but half of the clubs sweep oars have damage to the collars and replacement parts have been difficult to find.

Health and safety checks on the club's equipment has been a strong focus this year, with the coach boats having gear replaced, the winch launch rope being replaced and first aid kits reviewed.

Gavin McKenzie

Building and Grounds Report

Once again, a big thank you to the many club members and supporters who continue to help with the buildings and grounds maintenance. The clubrooms have servicing and legislative compliance monitoring requirements like any other commercial building. A servicing manual has recently been prepared to help the management committee keep track of the servicing and ensure that it is undertaken when required.

Some of the building maintenance work identified as being required this year includes:

- Exterior painting (Thank you to Julie Dyer for donating her labour)
- Green shed 1,500 corroded roof screws require replacement (Barry and Gavin McKenzie to complete)
- There were a few issues with the security door sensors and the fire alarm sounder reaching the end of their life, which required replacing.
- The south east halogen sensor light was replaced with an LED sensor light

Four security cameras were installed, along with a recorder, signage and a Wi-Fi connection linked to the Waihopai Rowing Clubroom internet. Unfortunately, one camera was stolen before being made live. The cameras have proven to be a successful deterrent, with both clubs either side of us experiencing thefts and our club being left alone.

Our club was represented at the ICC Sandy Point Domain 10-, 25- & 50-Year Master Plan presentation and filled out the survey. It had a large focus on global warming and the effects of sea rise on the Sandy Point Domain and the future need to combine club resources. The feedback provided will feed into the 10-year management plan.

Now that the newer part of the clubrooms are more than 12 years old, several fixtures and fittings are failing and are in need of replacement, or repair, such as the audio system, light fittings and sensors, emergency exit lighting and security alarm system.

Gavin McKenzie

Health and Safety Report

This past year has been spent familiarising myself with the health and safety requirements from Rowing NZ and Maritime NZ.

- We have completed two Rowing NZ online audits.
- We have restocked the first aid kits.
- We have performed two spot checks of the coach/safety boats.
- We have drafted a policy around club key issue. The policy has been drafted with the safety of club members in mind.

The following issues have been raised to the committee:

- 1 Historically an email has been sent at duck-shooting opening weekend to remind club members of the dangers associated with rowing on the river at this time of the year. It was pointed out that this was not done this year, none of the current committee remembers this being done in the past. We will endeavour to do this in the future.
- 2 A member fed back to the committee that they thought a coach had not acted safely operating a boat when an arm was in a sling. The coach had thought through a safety plan, there were no incidents of concern on the day.
- 3 A recent trip to Wanaka highlighted that we do not have enough PDFs for all our rowers when we are away. We borrowed 8 from the Waihopai club in order to leave PDFs in the coach boats for those rowers who did not attend the Wanaka regatta. This was a safe solution to the problem.

Future health and safety steps:

- 1 Several boat operators needing to attend a boat driving course.
- 2 Create a reference document which sets out when an audit or spot check is due, or has been completed.
- 3 Encourage all members to complete incident and accident logs, this helps us to identify issues at the club.
- 4 Encourage all members to discuss concerns directly when they observe a potential health and safety issue. If not comfortable to do this directly speak with the club's health and safety officer or any of the committee members.
- 5 Run a health and safety induction for our novice rowers (and others who are interested)
- 6 Consider first aid training for interested club members.
- 7 Working towards producing child safety policies in line with Sport NZ recommendations.

Rachel Greenwood
Health and Safety Officer

Communications and Records Report

The change from Google Suite to the Microsoft 365 Suite of applications has been a huge help with both communications and file sharing. The free Google applications were too restrictive and difficult to work with for those who are unfamiliar with them.

Need a Nerd have been engaged by the management committee to look after the club's domain name renewal and set up the clubs' laptops with the Microsoft 365 suite of applications.

The Friendly Manager administration and management systems was set up, along with a new web site for the club. Their trading name is in the process of changing to Frello. Membership online renewal will be easier now that everybody's contact information has been loaded when they first registered.

The Bank link accounting system that our club previously used has now been changed to Xero to make it more efficient and user friendly. The changeover did however create a few hiccups over the last year.

Changes to the Incorporated Societies Act require our club to review and amend our constitution and rules to meet the Act once the new regulations are available on 6 October 2023. Some of the requirements will be to have a clear disputes and complaints rules, along with conflict-of-interest rules. A special meeting will be required during the 2023/24 year to present and explain the proposed changes to our club members before they are adopted and submitted for approval.

The club submitted an application to become a registered charity earlier this year, however our application was not accepted due to our constitution and rules being outdated and not able to be complied with. Once these problem outdated rules have been updated and amended at this year's AGM, we will resubmit our application to get the financial benefits of being a registered charity.

During the year we welcomed and presented long term club member Phil Aicken with his life membership.

We have been fortunate to have had plenty of positive club news this year, which has been shared in both the clubs Face Book page and our web site.

Gavin McKenzie
Records Clerk



Treasurers Report

Result

Income for the year was \$48,221 which is \$10,210 down on the previous year. Of this \$12,383 were the grants received. Fundraising was up \$5,236 and membership subs down \$6,872 on 2022. The club relies very heavily on the annual garden fertiliser fundraiser and keeping membership up to keep the subs down to a manageable level.

Repairs and maintenance were up \$3,026, offset by an insurance claim of \$3,860, and insurance down \$1,870, again because of the claim. These were offset by depreciation, up \$780 and audit review costs up \$2,050, from the accrual of this year's audit. These were the major variances in expenditure.

The result for the year was a loss of \$35,357

Financial Position

The cash position shown by the two Westpac accounts increased by \$3,240. This variance was mainly the result of spending on fixed assets, \$6,638 and computer costs of \$1,832 offset by the grants of \$12,383.

With the introduction of more electronic management and security systems for the club they increase the ongoing monthly costs and are not directly related to members numbers, so any reduction in membership has an adverse effect on our per member costs.

Christine North
Treasurer



George's 2022-23 Scholarship Recipients

Membership/Supporter List 2022–2023 Season

Category	Name	Surname	Southland Affiliated	National Licence
Life Member	Phil	Aicken		
Master Recreational	Jack	Allan		
Master	Katrina	Allan	*	
Coach	Penny	Barnsdale		
Competitive Sec School	Maddison	Booth	*	*
Sec School Introductory Lessons	Sage	Brand		
Novice Sec School	Abby	Brown	*	*
Coach	Craig	Brown		
Novice Sec School	Mia	Brown	*	*
Novice Sec School	George	Browning	*	*
Life Member	Cliff	Buchanan		
Novice Sec School (Coxwain)	Lily	Clark		*
Life Member	Nathan	Cohen		
Sec School Introductory Lessons	Anika	Cruickshank		
Sec School Introductory Lessons	Laura	Davis		
Coach	Frank	Dean		
Competitive Senior	Laura	Dennis		
Competitive Senior	Narissa	Diack		
Master Competitive	Tristan	Duffell	*	
Master Competitive /Coach	Julie	Dyer	*	*
Master Competitive	Steve	Dyer	*	
Competitive Senior	Brendan	Eyles	*	*
Sec School Introductory Lessons	Hannah	Forsyth		
Committee	Hamish	Fox		
Competitive Senior	Kristen	Froude	*	*
Master Competitive / Coach	Dave	Galbraith	*	*
Master Competitive	Geoff	Gorton	*	
Novice Sec School	Jamie	Gray	*	*
Committee (H&S Representative)	Rachel	Greenwood		
Master Competitive / Life Member	Ian	Hamilton		
Master Recreational	Richard	Hamilton		
Novice Sec School	Alex	Henderson	*	

Dual Member Master Competitive	Trent	Holden	*	
Novice Sec School (Coxwain)	Ciara	Hourston		*
Sec School Introductory Lessons	Lilah	Jack		
Life Member / Coach	George	Kempton		
Recreation Sec School	Jordan	King		
Novice Sec School (Coxwain)	Noah	Lucy		*
Novice Sec School (Coxwain)	Kate	Mackay		
Novice Sec School	Maddie	Malmstrom	*	*
Novice Sec School (Coxwain) / Introductory Lessons	Tiziana	Mazaeda Churruarin		*
Master Competitive	Gavin	McKenzie	*	
Master Adaptive Competitive	Grant	McKenzie	*	*
Treasurer / Life Member	Christine	North		
Sec School Introductory Lessons	Molly	Pasco		
Sec School Introductory Lessons	Karli	Pearson		
Competitive Senior	Arie	Renner	*	*
Sec School Introductory Lessons	Katie	Robins		
Life Member	Ron Riley	Riley		
Coach	Awhina	Russell		
Committee / Master Competitive	Cecelia	Russell	*	
Dual Member Master Competitive	Rex	Ryan		
Recreation Adaptive	Nathan	Scorringe		
Competitive Senior	Tarrah	Shirley		
Honary Member	Joseph	Sullivan		
Master Competitive	Virginia	Sweney	*	
Novice Sec School	Kate	Taare	*	*
Competitive Sec School	Caitlin	Te Tai	*	*
Committee	Nathan	Te Tai		
Novice Sec School	Drew	Thomas	*	*
Master Competitive	Jacqui	van Dam	*	
Novice Sec School	Ruby	Watkinson	*	*
Master Competitive	Robin	Wilks	*	
Coach	Shaun	Wilks		
Adaptive Competitive	Lynett	Williams	*	
Recreation Adaptive	Aaron	Wild		
Novice Sec School	Tane	Wilson	*	*

Invercargill Rowing Club (Inc)



2022 – 2023 Season



Back row: Maddie Malmstrom, Ciara Hourston, Kate Taare, Lily Clark, Jordan King, Abby Brown, Mia Brown, Tiziana Mazaeda Churruarin

2nd row: Noah Lucy, Frank Dean, George Browning, Alex Henderson, Jamie Gray, Tane Wilson, Grant McKenzie, Rachel Greenwood (Committee), Cecelia Russell (Committee), Ginnie Sweney

Front row: Bill Potter, Julie Dyer (Committee), Phil Aicken, Geoff Gorton, Ian Hamilton (President), Gavin McKenzie, Dave Galbraith, Steve Dyer, Ron Riley

Absent: Jack Allan, Katrina Allan, Penny Barnsdale, Craig Brown (Coach), Maddison Booth (Committee), Laura Dennis, Narissa Diack, Tristan Duffell (Club Captain), Brendan Eyles, Kevin Flutey (Coach), Hamish Fox (Committee), Kristen Froude, Trent Holden, George Kempton (Coach), Kate Mackay, Christine North (Treasurer), Arie Renner, Awhina Russell (Coach), Rex Ryan, Nathan Scoringe, Shirley Tarrah, Caitlin Te Tai (Committee), Nathan Te Tai (Committee), Drew Thomas, Kate Watkinson (Secretary), Ruby Watkinson, Jacqui van Dam, Robin Wilks, Shaun Wilks (Coach), Lynett Williams, Aaron Wild