

Rowing for Life Aotearoa NZ

20 June 2023

Daily Schedule – These are approximate dates and rowing areas only. All details are to be confirmed, and most will be determined by the tides, currents and weather conditions, and the ability to access beaches and wharves etc.

South Cape of Stewart Island to Bluff

	Date Est		Distance	Notes
	2 Dec Saturday 2023	BLUFF TO STEWART ISLAND On board Fishing Boat Overnight at Port Pegasus		
	3 Dec Sunday	Drop off at South Cape South Cape to North Arm Port Pegasus - Overnight	30	
	4 Dec Mon	Port Pegasus to Lords River Overnight	36	
	5 Dec Tues	Lords River to Oban Overnight Halfmoon Bay	34	Stewart Island Total 100km
	6 Dec Wed	Spare Day – Visit School Overnight Halfmoon Bay		
	7 Dec Thur	Early Start - Foveaux Strait OBAN TO BLUFF	37	Total 137km
	8 Dec Fri	Spare Day		

South Island

20 June 2023

		Date Est		Distance	Notes
Map 1		10 Feb 2024	BLUFF	km	
	1	10 Feb Saturday	Fortrose	40	
			Waipapa	8	
	2	11 Feb Sunday	Curio Bay	22	
	3	12 Feb Mon	Purakaunui Bay	41	
	4	13 Feb Tues	Nugget Point	20	
			Kaka Point Surf LS	10	
Map 2	5	14 Feb Wed	Measly Beach – Toko Mouth	25	
	6	15 Feb Thur	Taieri Mouth Beach	25	
		16 Feb Fri	SPARE DAY		
	7	17 Feb Saturday	Brighton Surf LS Ocean View Beach	16	
	8	18 Feb Sunday	St Kilda Surf LS – Tomahawk Papanui Inlet	16 20	
			Harrington Pt – Otago Harbour Entrance to Dunedin	10	Wharf
		19 Feb Mon	SPARE DAY		
	9	20 Feb Tues	Warrington Surf LS	12	
			Karitane (inside harbour)	10	Marae
Map 3	10	21 Feb Wed	Shag Point	23	
			Moeraki	12	
	11	22 Feb Thur	Oamaru	30	
		23 Feb Fri	SPARE DAY		
	12	24 Feb Saturday	Waihao Box No access	40	Coastal Double Overnight on Boat
Map 4	13	25 Feb Sunday	Hook Beach Road No access	10	Double
			Makikihi River No access	5	Double
			St Andrew Golf No access	13	Coastal Double Overnight on Boat

Yellow highlights overnight stays on land

Teal highlights overnight on Boat

	14	26 Feb Mon	Pig Hunting Creek No access	6	Double
			Caroline Bay Timaru	10	Double
		27 Feb Tues	SPARE DAY		
	15	28 Feb Wed	Lowcliffe Beach, Waipuna Rd No access	41	Coastal Double Overnight on Boat
	16	29 Feb Thur	Ashburton River Mouth Hakatere No access	17	Double
			Wakanui Creek No access	5	Double
			Rakaia South Bank Camp No access	29	Coastal Double Overnight on Boat
Map 5	17	1 Mar Fri	Rakaia North Camp-Lagoon Boat Ramp No access	5	Double
			McLachlans Rd Sth Entrance Taumutu No access	9	Double
			Birdlings Flat Peraki Bay	26 7	Farm Access
	18	2 Mar Saturday	Akaroa Wharf	26	
		3 Mar Sunday	SPARE DAY		
	19	4 Mar Mon	Flea Bay Paua Bay	15 9	
			Goughs Bay Hickory Bay	6 2	
			Le Bons Bay	8	
			Okains Bay Camp	6	
	20	5 Mar Tues	Taylors Mistake Surf Club	28	
		6 Mar Wed	SPARE DAY		
	21	7 Mar Thur	Sumner Surf LS	2	
			New Brighton Wharf Surf LS Christchurch	7	
		8 Mar Fri	SPARE DAY		
Map 6	22	9 Mar Saturday	North Beach Surf LS Waimairi Surf LS	1 1.5	
			Spencer Park Surf LS	6	
			Waimakariri River Cure Rowing	3.5	
			Woodend Beach	6	
			Waikuku Surf LS	5	

	23	10 Mar Sunday	Leithfield Beach Camp	9	
			Amberley South Beach	4	
			Amberley North Beach	.5	
			Teviotdale Beach	2.5	
	24	11 Mar Mon	Motunau Beach	21	
Map 7	25	12 Mar Tues	Napenape	17.5	
			Port Robinson Gore Bay Beach	9.5 2.5	
	26	13 Mar Wed	Waiiau River Beach	9.5	
			Conway Flat	17	
			"Hundalee" Claverley Beach Holiday Houses	5	
	27	14 Mar Thur	Spyglass Point (Piripaua)	5	
			Oaro	4	
			Goose Bay	4	
			Peketa	8	
		15 Mar Fri	SPARE DAY		
Map 8	28	16 Mar Saturday	Kaikoura	18	
	29	17 Mar Sunday	Mangamaunu	14	
	30	18 Mar Mon	Halfmoon Bay	6	
			Okiwi Bay Karaka Lobster Cafe	5	
			Waipapa Bay – Fishing Boat Boat Ramp	2	Boat Ramp
			Clarence	7	
	31	19 Mar Tues	Kekerengu	20	
Map 9			Wharanui Bay Old Church	12	
			Flaxbourne River Ward Beach	11	

	32	20 Mar Wed	Cape Campbell Lighthouse	16	
			Marfells Beach	7	
	33	21 Mar Thur	Wairau River Mouth	23	
			Whites Bay Rarangi Surf LS	12	
		22 Mar Fri	SPARE DAY		South Island Total 967km
Map 10	34	21-29 Mar Best Days	Cook Strait LYALL BAY WELLINGTON	64	

Easter – Friday 29 March to Monday 1 April 2024
Anzac Day – Thursday 25 April