

Rowing for Life Aotearoa NZ

20 June 2023

Daily Schedule – These are approximate dates and rowing areas only. All details are to be confirmed, and most will be determined by the tides, currents and weather conditions, and the ability to access beaches and wharves etc.

North Island

		Date Est		Distance	Notes
Map 11		2024 23 Mar Saturday	LYALL BAY WELLINGTON	Km	
		24-25 Mar	2 SPARE DAYS		
	35	26 Mar Tues	Ocean Beach Palliser Bay	30	Beach Access?
	36	27 Mar Wed	Ngawi	30	Beach Access?
		28 Mar Thur	SPARE DAY		
	37	29 Mar Easter Fri	Te Awaiti Rd – Manurewa Pt (Around Cape Palliser)	32	Beach Access?
	38	30 Mar Easter Sat	Glenburn Rd	32	Beach Access?
	39	31 Mar Easter Sun	Flat Point	6	
			Riversdale Beach Surf LS	20	
Map 12		1-2-3-Apr Mon-Wed (Easter Mon)	3 SPARE DAYS Weather issues up to 3 Apr		
	40	4 Apr Thur	Castlepoint Lighthouse	25	Jetty
	41	5 Apr Fri	Mataikona	12	
			Owahanga (Papauma Marae)	13	Beach Access?
		6 Apr Saturday	SPARE DAY		
	42	7 Apr Sunday	Akitio Campground	10	
			Herbertville Campground	17	
		8-9 Apr Mon-Tues	2 SPARE DAYS Weather issues up to 9 Apr		

Yellow highlights overnight stays

	43	10 Apr Wed	Whangaehu Rd	16	Beach Access?
			Te Paerahi Beach	11	
	44	11 Apr Thur	Blackhead	21	
			Aramoana	2	
			Pourerere	6	
	45	12 Apr Fri	Kairakau Beach	20	
Map 13	46	13 Apr Saturday	Waimarama Surf LS	16	
		14-17 Apr Sun-Wed	4 SPARE DAYS Weather issues 14-21 Apr		
	47	18 Apr Thur	Ocean Beach Surf LS	8	
			Cape Kidnappers 12 Round cape to Te Awanga 18	30	
		19-20 Apr Fri-Sat	2 SPARE DAYS		
	48	21 Apr Sunday	Pacific Surf LS – Napier Westshore Napier Surf LS	16	
		22 Apr Mon	SPARE DAY		
	49	23 Apr Tues	Tangoio	15	
			Waipatiki Beach	8	
	50	24 Apr Wed	Wairoa	46	
	51	25 Apr Thu - Anzac	Nuhaka	30	Beach Access?
	52	26 Apr Fri	Mahia Beach	10	
		27 Apr Saturday	SPARE DAY		
Map 14	53	28 Apr Sunday	Auroa – Mahia Around peninsula	46	
	54	29 Apr Mon	Mahanga Beach Happy Jacks Boat Harbour	10	
	55	30 Apr Tues	Muriwai – Wherowhero Lagoon Surf LS	30	
Map 15	56	1 May Wed	Gisborne Surf LS	10	
		2 May Thur	SPARE DAY		

	57	3 May Fri	Tatapouri	15	
	58	4 May Saturday	Whangara 10 Tolaga Bay Surf LS 20	30	Wharf
		5 May Sunday	SPARE DAY Opotiki weather 5-16 May		
	59	6 May Mon	Tokomaru Bay	27	
	60	7 May Tues	Waipiro Bay	15	
	61	8 May Wed	Port Awanui	25	Beach Access?
	62	9 May Thur	Rangitukia Waiapu River Mth (Tikitiki)	7	Beach Access?
		10 May Fri	SPARE DAY Gisborne weather 9-16 May		
	63	11 May Saturday	Te Araroa around East Cape Ngati Porou Surf LS	30	
		12 May Sunday	Hicks Bay	10	
		13 May Mon	SPARE DAY		
Map 16	64	14 May Tues	Whangaparoa Marae	35	
	65	15 May Wed	Waihau Bay	7	
			Whanarua Bay	10	
			Te Kaha	15	
		16 May Thur	SPARE DAY		
	66	17 May Fri	Omaio	10	
			Hawai	15	
			Torere	5	
	67	18 May Saturday	Opotiki Surf LS	20	
Map 17	68	19 May Sunday	Whakatane Surf LS	25	
		20 May Mon	SPARE DAY		
	69	21 May Tues	Matata	25	
	70	22 May Wed	Pukehina Surf LS	25	
		23 May Thur	SPARE DAY		

	71	24 May Fri	Maketu Surf LS	5	
			Papamoa Surf LS Omanu Surf LS	14	
			Mt Maunganui Surf LS	15	
		25 May Saturday	SPARE DAY		
	72	26 May Sunday	Katikati Through Tauranga Harbour	25	
	73	27 May Mon	Waihi Beach Surf LS	16	
Map 18		28 May Tues	SPARE DAY Tairua weather 1-7 Jun		
	74	29 May Wed	Whiritoa Surf LS	15	
			Whangamata Surf LS	8	Wharf in harbour
	75	30 May Thur	Onemana	7	
			Pauanui Surf LS	15	Wharf in harbour
		31 May Fri	SPARE DAY Whitianga weather 1-7 Jun		
	76	1 Jun - KB Saturday	Tairua Surf LS	5	
			Hot Water Beach Surf LS	13	
			Ha Hei	5	
	77	2 Jun - KB Sunday	Cooks Beach	8	
			Whitianga	4	
Map 19	78	3 Jun - KB Mon – KB	Opito Bay	22	
	79		Matarangi Whangapoua	15 4	
		4 Jun Tues	SPARE DAY Coromandel weather 2-6 Jun		
	80	5 Jun Wed	Little Bay – Waikawau Bay	17	
	81	6 Jun Thur	Port Charles	13	
	82	7 Jun Fri	Port Jackson	18	
			Otautu Bay Wharf – Colville	24	Wharf?
	83	8 Jun Saturday	Coromandel	22	
	84	9 Jun Sunday	Te Kouma AK Ferry Wharf	6	

Map 20		10-11 Jun Mon-Tues	2 SPARE DAYS		
	85	12 Jun Wed	Waiheke – Putiki Bay	40	
		13 Jun Thurs	SPARE DAY Auckland weather 14-15 Jun		
	86	14 Jun Fri	Auckland	25	
		15-16 Jun Sat – Sun	2 SPARE DAYS Warkworth weather 14-15 Jun Russell weather 14 Jun		
	87	17 Jun Mon	Mairangi Bay Surf LS	14	
	88	18 Jun Tues	Red Beach Surf LS Around Peninsula	30	
Map 21	89	19 Jun Wed	Orewa Surf LS	4	
			Snells Beach	22	
	90	20 Jun Thur	Omaha Surf LS Around Peninsula	24	
	91	21 Jun Fri	Leigh	11	
	92	22 Jun Saturday	Mangawhai Heads Surf LS	30	
		23 Jun Sunday	SPARE DAY		
Map 22	93	24 Jun Mon	Langs Beach Waipu Cove Surf LS	10	
			Ruakaka Surf LS Whangarei Heads Surf LS	17	
		25 Jun Tues	SPARE DAY		
	94	26 Jun Wed	Ocean Beach Past Whangarei Harbour	15	
			Pataua South Pataua North	20	
	95	27 Jun Thur	Tutukaka	12	
	96	28 Jun Fri	Matapouri	6	
	97	29 Jun Saturday	Whananaki	6	
		30 Jun Sunday	SPARE DAY		
Map 23	98	1 Jul Mon	Oakura	30	

	99	2 Jul Tues	Whangaruru North	9	
			Ngaiotonga – Taupiri Bay Or Elliot Bay	10	
	100	3 Jul Wed	Cape Brett – Hole in Rock Parekura Bay	30	
		4 Jul Thurs	SPARE DAY		
	101	5 Jul Fri	Russell	13	
		6-7 Jul Sat-Sun	2 SPARE DAYS		
Map 24	102	8 Jul Mon	Taronui Bay	27	
	103	9 Jul Tues	Wainui	20	
		10 Jul Wed	SPARE DAY		
	104	11 Jul Thur	Taupo Bay	17	
Map 25	105	12 Jul Fri	Hihi	28	
	106	13 Jul Saturday	Tokerau Beach Across Doubtless Bay	20	
		14 Jul Sunday	SPARE DAY		
	107	15 Jul Mon	Rangiputa Around Peninsula	33	
	108	16 Jul Tues	Rarawa Beach	25	Beach Access?
	109	17 Jul Wed	Lake Te Kahika	15	Beach Access?
		18 Jul Thur	SPARE DAY Weather issues 22-25 July		
	110	19 Jul Fri	North Cape	25	
			Kapowairua	17	
	111	20 Jul Saturday	Tapotupotu Bay CAPE REINGA	17	North Island Total 1847km