

INVERCARGILL ROWING CLUB (INC.)



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One Hundred and Forty-Eighth Annual Report and Financial Statement Year ended 31 March 2024

INVERCARGILL ROWING CLUB (INC.)

One Hundred and Forty-Eighth Annual Report and Financial Statement of the Invercargill Rowing Club (Inc.) for the year ended 31 March 2024. To be presented to the Annual General Meeting of Members at the Invercargill Rowing Club rooms at 89 Sandy Point Road, Invercargill on Monday 19 August 2024, 7.00pm.

Club members,

Your management committee has much pleasure in presenting for your approval the following one hundred and forty eighth annual report and financial statement of your club.

Officers Bearers:

President	Ian Hamilton
Patron of Club	Ron Riley
Past President	Jack Allan
Vice President	Steve Dyer
Secretary	Emily Cullen
Treasurer	Christine North
Assistant Treasurer	Bill Potter
Signing Officers	Treasurer, Secretary, President & Kate Watkinson
Records Manager	Gavin McKenzie
Auditor	BDO
Trustees	Ron Riley, George Kempton
Club Captain	Penny Barnsdale
Deputy Club Captain	Caitlin Te Tai
Club Coaches	Julie Dyer, Kevin Flutey, Frank Dean, Penny Barnsdale, Dave Galbraith, Awhina Russell, Craig Brown, Nigel Jack, Darren Jack
Committee	Julie Dyer, Christine North, Rachel Greenwood (H&S rep) Nathan Te Tai, Caitlin Te Tai, Penny Barnsdale, Kate Watkinson, Emily Cullen, Nigel Jack, Gavin McKenzie
SARA Delegates	Julie Dyer, Steve Dyer, George Kempton

Life Members

Russell Bagrie, Jack Pasco, George Hopwood, Rex Boniface, Cliff Buchanan, Dave Galbraith, Doug Frisby, Keith Helm, Ron Riley, George Kempton, Nathan Cohen, Ian Hamilton, Christine North, Phil Aicken

Presidents Report

Welcome and thank you to all the committee members, rowers, parents and Life Members past and present, this being our 148th Annual General Meeting.

I would like to say that our Club is on track with progress and development, as an Incorporated Society and registered as a Charity.

In 2021 our Club purchased a Coxed Quad Coastal Rowing boat and trailer to promote coastal rowing, and to use the boat for a Coastal Rowing fundraiser 'Rowing for Life Aotearoa NZ'. The fundraiser started on the 2nd of December 2023 at South Cape Stewart Island and is still in progress aiming to reach Cape Reinga in December 2024.

This year was the first time NZ Rowing had a Coastal Rowing Beach Sprints Championship in Wellington, during May 2024, where Kristen Froude from our club, won the Open Women's Singles competition. Kristen then attended the NZ trials and has been selected into the NZ Coastal Rowing Team. She will compete at the 2024 World Coastal Beach Sprint Finals in Genoa, Italy, to be held 13-15 September 2024.

From our young rowers we have several parents taking part in rowing and training for the first time. They have combined as part of the 'Deep South Masters Oreti Swans', which is gaining momentum and popularity.

The Adaptive Rowers are always having a good time and keeping the shed and equipment in line. Well done Dave Galbraith for keeping them going over the many years.

Planning is underway for the Invercargill Rowing Club 150th Jubilee, scheduled for Matariki weekend Friday 20 June to Sunday 22 June 2025. We had our first meeting with several of our older members on 4 July 2024.

Thanks to all our community funders, the ILT Foundation, Community Trust South, Aotearoa Gaming Trust, and to Decom for their ongoing support of our club.

Ian Hamilton
President



2023/24 Invercargill Rowing Club Results

2023 NZ Masters Championship Twizel - 16-17 Sept 2023

W Mst D 1x **2nd** / Virginia Sweney
W Mst E 2- **2nd** / Katrina Allan, Jacqui van Dam
W Mst E 1x **2nd** / Jacqui van Dam
W Mst E 2- **1st** / Virginia Sweney, Cecelia Russell

South Island Inter Provincial Regatta – 23 Sept 2023

W open2x: P Barnsdale 7th
W U20 4- K Taare D Thomas 9th
M U20 4- T Wilson A Henderson 8th
Mix U20 8+ T Wilson, A Henderson, K Taare, D Thomas
W open 8+ P Barnsdale

R2K – 24Sept 2023

M U19 1x. T Wilson 9th Heat 3

2024 South Island Club Championship - Lake Ruataniwha - 27 & 28 Jan 2024

Adaptive quad L Williams, G McKenzie, A Wild, N Scorringe + L Clark - Final: placed 1st (5:08.07)

M Club 1x Tane Wilson - Heat 4: placed 6th (8:16.41)

Alex Henderson - Heat 1: placed 10th (9:09.08)

GU17 1x Ruby Watkinson - Heat 3: placed 6th (9:30.54)

Gu16 2x Maddie Malmstrom, Drew Thomas - Heat 2: placed 2nd (8:18.50)

Abby Brown, Lilah Jack - Heat 4: placed 3rd (8:37.37)

Open para single sculls (1000m) Grant McKenzie - Heat 1: result (NRR)
Final: result (Cancelled due to adverse weather)

Open para single sculls (1000m) L Williams, D Galbraith, A Wild, N Scorringe + J King - Heat 1: result (NRR) Final: result (Cancelled due to adverse weather)

Gu17 4x Drew Thomas, Ruby Watkinson, Ciara Hourston, Maddie Malmstrom + L Clark - Heat 2: placed 4th (8:11.71)

Mixed masters quad (1000m) L Williams, G McKenzie, A Wild, N Scorringe + D Galbraith - Heat 2: placed 7th (5:03.34)

Gu17 2x Abby Brown, Lilah Jack - Heat 1: placed 7th (8:39.18)

W Int 1x Maddie Malmstrom - Heat 4: placed 1st (9:12.96)

Jordan King - Heat 2: placed 7th (10:57.24)

M Int 2x Tane Wilson, Alex Henderson - Heat 2: placed 3rd (7:46.49)
Advanced to the finals, but it got cancelled before their race
W Int 2x Abby Brown, Lilah Jack - Heat 4: placed 6th (9:07.88)
Ciara Hourston, Ruby Watkinson - Heat 3: placed 4th (9:29.64)
M Club 2x Tane Wilson, Alex Henderson - Heat 3: placed 7th (8:12.17)

South Island Secondary School Championships – Lake Ruataniwha – 1 to 3rd Mar 2024

James Hargest:

GU16 1x / Lilah Jack / 2nd in B Final
GU17 1x / Mia Brown / 6th in B Final
BU18 1x / Tane Wilson / 7th in Repechage
GU17 2x / Mia Brown, Ella Norman / 8th in A Final
GU16 2x / Abby Brown, Lilah Jack / 5th in B Final

SGHS:

GU16 1x / Maddie Malmstrom / 5th in A Final
GU17 4x / Holly Goble, Ruby Watkinson, Billie-Jo Crooks, Caitlin Te Tai / 6th in B Final
GU17 4x+ / Poppy Fraser-Brown, Stacie Thompson, Ciara Hourston, Lily MacKay, + Lily Clark (Cox) / 8th in B Final
GU16 4x+ / Ciara Hourston, Drew Thomas, Billie-Jo Crooks, Georgia Newton, + Lily Clark (Cox) / 7th in Heat
GU18 4x / T Hoyle, Ruby Watkinson, Charolite Llein, Caitlin Te Tai / 4th in Repechage
GU16 2x / Maddie Malmstrom, Drew Thomas / 3rd in A Final

Aon Maadi Cup – Lake Ruataniwha – 18 to 23 Mar 2024

James Hargest:

GU18 2x / Lilah Jack, Abby Brown / 6th in Repechage
GU17 1x / Mia Brown / 4th in Repechage
BU18 1x / Tane Wilson / 2nd in C Final
BU18 2x / Ryan Smith, Tane Wilson / Made C Final
GU17 2x / Ella Norman, Mia Brown / 6th in Repechage
GU16 2x / Lilah Jack, Abby Brown / 2nd in D Final

SGHS:

GU16 2x / Maddie Malmstrom / 6th in Repechage
GU17 4x / Holly Goble, Ruby Watkinson, Billie-Jo Crooks, Caitlin Hamilton / 7th in Heat
GU17 4x / Poppy Fraser-Brown, Stacie Thompson, Ciara Hourston, Lily MacKay + Lily Clark (cox) / 8th in Heat
GU18Nov 2x / Ciara Hourston, Liv Campbell / 6th in Heat
GU16 4x / Ciara Hourston, Drew Thomas, Billie-Jo Crooks, Liv Campbell, + Lily Clark (cox) / 7th in Heat
GU18 4x / T Hoyle, Ruby Watkinson, Charlotte Klein, Caitlin Hamilton / 4th in C Final
GU16 2x / Maddie Malmstrom, Drew Thomas / 4th in B Final

Bluff Regatta – Cancelled due to weather

Riverton Dash for Cash – Cancelled due to weather

Otago Championship – 9 & 10th Dec 2023 (Attended but cancelled due to weather)

Invercargill Rowing Club – Established 1875 - Home Club of Olympic Gold Medallist Nathan Cohen & World Rowing Junior Championship Gold Medallist Shakira Mirfin

Canterbury Championship – 13 & 14 Jan 2024 (Attended but cancelled due to weather)

New Zealand Nationals – (No IRC crews attended)

2024 South Island Masters Championship – Lake Wanaka – 26 & 27 Apr 2024

Shortened 3.8 km long distance race (due to rough lake water)

1st in this race category – W Mst 4- Jacqui van Dam, Ceceila Russell, Virginia Sweney, Katrina Allan

1km Races

- 1st** – Novice Mst 4x+ Rieke Meister, Kate Silvester, Raewyn King, Rachel Greenwood, Ciara Hourston (Coxwain)
- 1st** in D age group – W Mst 2- (A-D) Jacqui van Dam, Ceceila Russell
- 1st** in D age group – W Mst 4- (A-D) Jacqui van Dam, Cecelia Russell, Virginia Sweney, Katrina Allan
- 1st** in E age group – W Mst 4- (E-J) Jacqui van Dam, Ceceila Russell, Virginia Sweney, Katrina Allan
- 1st** in E age group – W Mst 8-+ (E-J) Jacqui van Dam, Ceceila Russell, Virginia Sweney, Katrina Allan, Anna Lightfoot, Judith Turner, Maude O'Connell, Julie Chatwin
- 1st** in H age group – Mix Mst 4x (E-J) Dave Galbraith, Lorraine Drew, Bridget Drummond, John Wilson
- 1st** in H age group – M Mst 4x (E-J) Frank Dean, John Wilson, Dave Galbraith, Gavin McKenzie
- 1st** in H age group – M Mst 4- (E-J) Frank Dean, John Wilson, Gavin McKenzie, Dave Galbraith
- 1st** Adaptive rower – M Mst 1x (E-J) Grant McKenzie
- 2nd** – W Mst 2- (E-J) Ceceila Russell, Virginia Sweney
- 2nd** - W Mst Novice 2x Rieke Meister, Kate Silvester
- 2nd** in D age group – W Mst 8-+ (A-D) Jacqui van Dam, Ceceila Russell, Virginia Sweney, Katrina Allan, Anna Lightfoot, K Hoger, A Hill, C Lewis
- 3rd** – W Mst Novice 4x+ Emily Cullen, Rachel Greenwood, Raewyn King, Tessa Thomas, Ciara Hourston (Coxwain)
- 3rd** - W Mst 8-+ (A-D) Jacqui van Dam, Ceceila Russell, Virginia Sweney, Katrina Allan, Anna Lightfoot, K Hoger, A Hill, C Lewis
- 4th** – W Mst 2x (E-J) Julie Dyer, Suzanne Townshend
- 5th** – Mix Mst 2x (G-J) Dave Galbraith, Lorraine Drew
- 5th** – Mix Mst 2x (C-D) Grant McKenzie, Karen Rickerby
- 5th** – W Mst 50% Novice 4x+ Emily Cullen, Julie Dyer, Tessa Thomas, Suzanne Townshend
- 6th** – W Mst Novice 2x Raewyn King, Rachel Greenwood
- 7th** - W Mst 4x (E-J) Joy Aitkin, Lynda Dixon, Julie Dyer, Suzanne Townshend
- 8th** – M Mst 2x (E-J) Gavin McKenzie, Rod McLennan
- 9th** - W Mst 4x (A-D) Rieke Meister, Kate Silvester, Emily Cullen, Tessa Thomas
- 9th** – M Mst 2x (E-J Adaptive) Dave Galbraith, Grant McKenzie

2024 South Island Adaptive Indoor Rowing Competition

Best performing Male: Grant McKenzie
Best performing Female: Lynett Williams
Best performing Club: Invercargill Rowing Club
2,000m Men 1st Grant McKenzie 7:10:9 min

1,000m Mixed	2 nd Lynett Williams 4:41:5 min 3 rd Aaron Wild 5:01:0 min 4 th Nathan Scorrige 5:28:2 min
1,000m Men	1 st Grant McKenzie 3:28:3 min
500m Mixed	1 st Lynett Williams 2:11:3 min 3 rd Aaron Wild 2:22:2 min 4 th Natan Scorrige 2:31:3 min
500m Men	1 st Grant McKenzie 1:39:0 min
250m Mixed	1 st Lynett Williams 0:58:9 min 3 rd Nathan Scorrige 1:06:6 min 4 th Aaron Wild 1:07:3 min
250m Men	1 st Grant McKenzie 0:48:6 min

Invercargill Rowing Club Awards 2023/24 Season

Kempton Family; Novice Trophy Lilah Jack and Jordan King for their novice double
(Honourable mention to the womens' novice masters)

C Brown Builders; Best Performing Male Novice No contenders this year

Rex Boniface; Rose Bowl Awarua coaches

Mclvor Trophy; Consistent Effort Maddie Malmstrom

Galbraith Family; Trophy Most Improved Ciara Hourston (Honourable mention to Lilah Jack)

Student Cup Drew Thomas

Coxswain Cup Lily Clark

King Crab: *Voted on from the audience*

School girls Kate, Ruby and Drew went to the toilet in the fertiliser depot as the last people were leaving to go home. They got locked in and after setting the security alarm off. They then had to ring Julie, who was halfway home to come and rescue them.

NZAS Best Performing Double Maddie Malmstrom and Drew Thomas

NZAS Best Performing Pair Virginia Sweney and Cecelia Russell

President Trophy, Best Performing Single Tane Wilson (Honourable mention - Mia Brown)



Southland Rowing Association Awards 2023/24 Season

Points Trophies

Womens' Club

Caitlin Te Tai

Other Trophies

Oarsperson of the Year

Shakira Mirfin

Administrator of the Year

Gavin McKenzie



Club Captains Report

Coaches' meetings

This year we've set up a sub-committee consisting of members from the committee and all the coaches to help with decisions regarding boat allocations, crews, and any ongoing activities in the club regarding coaching and deciding of awards etc

Trailer boat loading plans

This year we tried out using boat loading plans to ensure that when more experienced club members are not able to be at boat loading for any reason we have a clear plan to follow. Thanks to Ian and Julie's work with myself in bringing this together.

Invercargill Rowing Club – Established 1875 - Home Club of Olympic Gold Medallist Nathan Cohen & World Rowing Junior Championship Gold Medallist Shakira Mirfin

George Kempton sponsorship of two youth rowers

Every year George Kempton sponsors two young upcoming rowers who've showed promise within the club and performance as well. This sponsorship is to assist their progression within the sport. This year it was Alex Henderson and Drew Thomas. Being from Verdon College Alex knew that he had to progress in a single and was able to demonstrate improvements in this boat alongside great results in a double with Tane Wilson. Drew Thomas started the year as a second-year rower, through hard work was able to show great results including a bronze medal at SISSC partnered with Maddie Malmstrom in their double. Wishing both students all the best for their futures knowing that George Kempton's support has been greatly appreciated by both rowers.

Boat driving safety course

There has not been a boat driving safety course held during the past season.

Boat towing vehicles

This year McAuley Ford, who had previously provided sponsorship via vehicle use, had to withdraw their sponsorship due to insurance implications for them. We thank them for their sponsorship to date. We extend our appreciation to members, Julie Dyer, Nigel Jack and Raewyn King, this past season who have provided vehicles for boat towing to the various regattas

School have-a-go days

We attended an event at boys high alongside other Southland Clubs where there were Ergs set up at the school for a competition and fun had by those participating.

Recruitment

We've had contact with local schools and SIT. We've had a high intake this year of Master's rowers culminating in some of these new rowers competing that the South Island Masters Regatta in Wanaka.

Local regattas

Winter Series Long Distance - we had a great turnout last year as we do each year. A great opportunity for rowers to maintain fitness through the Winter. Well done to all those braving the cold days out there every third Sunday of the Winter months. The new series has already kicked off with Waka Ama joining in as well. Looking forward to these throughout the remainder of winter.

Away regattas

Cromwell to Clyde - Ian Hamilton organised a test run for his NZ Coastal row, alongside the support boat and other crews including a mixed Octuple. A lovely day finishing off with the annual cafe lunch in Clyde.

Otago Champs, Canterbury Champs and South Island Champs - unfortunately these regattas were all impacted by severe weather with much of the racing delayed or not taking place at all. Well done to all IRC crew for coping with the uncertainty and changes that took place at these.

South Island Secondary Schools - this year we had more crews with a number making finals. Drew and Maddie achieved a Bronze medal with SGHS.

Maadi Cup - excitement was high with this being the first Maadi cup for all of our rowers. Our clubs rowers again joined with Waihopai Club rowers to row for their respective schools. Competing for James Hargest was Tane Wilson, Mia Brown, Abby Brown, and Lila Jack. Competing for SGHS was Maddie Malmstrom, Drew Thomas, Ciara Hourston, Ruby Watkinson and Lily Clark. Results on the water were outstanding which came down to the hours of commitment from all the rowers and coaches. The coaching team were Nigel Jack,

Julie Dyer and myself joining with Waihopai coaches. A shout out to Kevin Flutes for his support throughout the season up to Maadi Cup. A big thank you to all of the parents whose help is vital to being able to attend these regattas.

Adaptive Rowers

David once again has done an amazing job with the Adaptive squad. This year's indoor competition was held in Dunedin. Continued success including medalling at the South Island Champs Regatta along with achievements in other sports.

I'd like to thank all committee members, club members and coaches for not only supporting me in my coaching journey but also in supporting me in the role of club captain. I've decided to leave the role so that I can focus on enjoying growing a family, with Andrew and I expecting what may be a potential future rower in October this year. I had lots of help with coaching from Frank, Julie, Flutes, Jackie and Jack. This club would not be able to run without all of its other supporters such as the committee and those who volunteer their time. Their work is often unseen in the background but without it the club would not be able to run. Thanking Gavin for his long-standing service and commitment to the club, Emily taking over the Secretary load from Kate, Ian for the incredible job juggling the president role alongside his coastal row undertaking and Julie as past president coaching and undertaking a bunch of other things including painting of boats as part of the ongoing maintenance. I look forward to seeing the club continue to grow.



Coaches Report

The 2022/23 season coaches have been; Julie Dyer, Kevin Flutey, Frank Dean, Penny Barnsdale, Dave Galbraith, Awhina Russell, Craig Brown, Nigel Jack, Darren Jack

Learn to Row Squad

No squad report has been provided at time of publishing, but those that registered for the Introductory Learn to Row sessions this season included; Beth Moore, Kate Johnston, Neeka Aicken, Luke Taare, Emily Cullen, Tessa Thomas, Rachel Greenwood, Raewyn King, Oliver Deans, Olivia Sorenen, William Jack, William Paton.

Secondary School Novice Squad

No squad report has been provided at time of publishing, but those that registered for the School Novice squad this season included; Bella Tiplady, Grace Kerr, Laura Davis, Meila Sheehan, Millie Hackett, Molly Pasco, Tiziana Mazaeda Churruarin

Secondary School Intermediate Squads

No squad report has been provided at time of publishing for Penny's School Intermediate crews, but her crews this season included; Ciara Hourston, Drew Thomas, Maddie Malmstrom, Kate Taare, Ruby Watkinson.



2023-24 season report on the School Intermediate crew of Mia Brown, Abby Brown and Lilah Jack.

My involvement in the club last season didn't start with coaching, it was about getting back into rowing myself and supporting my daughter Lilah's first year as a novice by showing her the ropes starting mid-winter.

Lilah jumped at an opportunity to join an experienced crew of girls and coach who were looking for a fourth rower. Unfortunately, at the start of the season the crew lost their coach and what looked like a promising start was quickly turned on its head. It was a daunting but easy decision for me to step in and coach the crew of Mia Brown, Abby Brown and Lilah. Crew composition was made easy as Mia wanted to focus on her single, Abby and Lilah were happy to row the double.

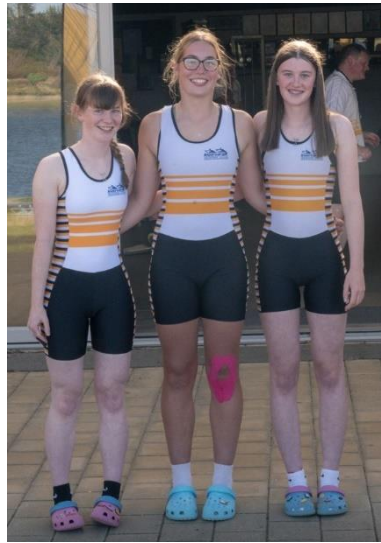
The girls focus and dedication to training made coaching them a pleasure and as they progressed through the season some good results were had on the river notably Lilah's domination of the novice single races. Big thanks to Abby for being so willing to row with Lilah, a novice rower, and I have now doubt you played a big part in shaping her as a rower. Unfortunately, as we heading towards the business end of the season Mia fractured a finger which confined her to a spin bike for 5 weeks, managing to get back into the boat at the

South Island Secondary Champs where she placed 6th in B final of U17 1x and 8th in A final of U17 2x with a fellow Hargest rower from Waihopai. At the same regatta Abby and Lilah placed 5th in B final of U16 2x and Lilah placed 2nd in B final of U16 1x.

Next was the Maadi Cup and to say this was a step up was an understatement, huge field of competitors with multiple progression levels to make finals. Mia progressed to 4th in the repechage of the U17 1x, Abby and Lilah progressed to the D final placing 2nd. Encouragingly the girls got quicker with every row and the experience of rowing the Maadi was very valuable.

So, a season of ups and downs and after a few weeks off they are keen to climb back into it for next season.

Regards
Nigel Jack.



I had a great season coaching my School Intermediate crew of Tane Wilson and Alex Henderson.

I decided to combine our training season with Penny and intermediate girls. One of the benefits was being able to share the skills of Kevin Flutey. I had Kevin help me with last season crew of Caitlin and Maddie so knew how valuable he was at coaching. Having Penny, Kevin and myself we were able to bounce ideas and share training times.

Tane and Alex raced 2x and 1x. They were the best boys 2x at local regatta and Tane fastest U18 1x locally. At Otago, Canterbury and South Island champs in Twizel they were on target to place well unfortunately these champs were all postponed early into programme due to weather conditions. Tane combined with rowers from Waihopai for Secondary School and Maadi Cup regattas. This was not as beneficial as hoped however at Maadi he had a PB and 2nd place in 1x C Final. Alex being only Verdon College was left with 1x events. Very proud of effort he showed in an event he did not willingly choose.

Alex chose not to go to Maadi. Tane has decided to continue through next season rowing 1x while Alex hopes to get accepted into Armed Forces.

Proud coach
Julie Dyer.

Masters Squad

The season started with good results at NZ Masters Regatta in September. Cecelia, Virginia, Katrina and Jacqui competed in several events. Unfortunately, due to weather the regatta was cancelled mid-way through. Results were good from the ladies in the events they raced. Virginia Sweney 1x D 2nd / 2- D 1st with Cecelia Russell. Jacqui Van Dam 1x E 2nd / 2- E 2nd with Katrina Allan

The local regattas also had good results from all the masters. The biggest event for the season was the South Island Masters in April at Lake Wānaka. In the months leading up to this there was a large number of novice masters keen to learn rowing. With the collaboration of coaching from Julie Dyer, Suzanne Townshend, Dave Galbraith and Frank Dean a novice group of 6 women were keen to compete in Wanaka. Along with the novices, another eight Invercargill masters attended. Grant McKenzie an adaptive rower raced under the guidance of Dave Galbraith. As expected, our masters had some very good results at the South Island Masters Champs, coming home with a bag load of medals. Excitingly the novice women won their quad in a very strong field and deservedly got their interview posted on NZ Rowing Hub. Since then, interest has increased in master novices rowing.

Recently contact has been made from Otago and Wakatipu Masters about the growth we are experiencing and meetings are being held with them to include them in training and novelty events both on Ōreti and various locations in Southland and Otago. Importantly at the meetings with Otago and Southland there was a notable enjoyment and social aspect coming from attendees. Thanks to Dave Galbraith for getting this happening and Ian Hamilton for expertise in coaching us to be the best rowers we can be. There are more novice master rowers joining along with past rowers coming back. Very exciting future for the Invercargill Rowing Club Masters squad.

Julie Dyer

Coastal Rowing

The new adventure is to row the entire length of NZ. Rowers are invited to participate in different areas, being swapped in and out of the Coastal Boat with the IRB, and Support Boats. The whole journey is being supported by the Lions Clubs NZ.

The Rowing for Life Coastal Rowing Adventure has taken us all the way to Kaikoura - over 600km rowed. Unfortunately, we have postponed the journey due to some of the team having covid. We returned home to recover and undertake maintenance on the coastal rowing equipment.

We'll have to go back to a couple of spots in more favourable conditions. Those areas are from Bluff, Banks Peninsula & Kaikoura, as well as continuing the journey northwards. Thanks to all those who have expressed interest in joining us - we'll stay connected to continue the journey with you on board.

Ian Hamilton

Adaptive Rowing Report 2024

- Four athletes were involved in the rowing programme during 2023/2024 season, those being, Arron Wild, Grant McKenzie, Nathan Scorringe and Lynett Williams
- Water conditions have been very good for rowing this past season, the squad has taken the opportunity with the good conditions to get out in the single sculls as often as they can. Great to see them all out there in singles at the same time.
- They have all competed at Oreti based regattas this season

Season Highlights

South Island Rowing Championships

- The squad was invited to compete at the South Island rowing Championships by Rowing NZ who are pushing the adaptive side of rowing in all Para /Adaptive classes Intellectual - visually impaired -physical disabilities
- They competed against master's men and women's crews in the Quad sculls and given a handicap start. They were presented with Gold medals for winning the adaptive section. The weather didn't play its part, the first day of competition was blown out. A big "Thank You" to Rowing NZ for putting a deal in place that allowed them to compete
- Grant never got to compete in the single sculls at the South Island Championships due to the conditions. Grant would also have competed at the Otago Championships earlier in the season, due to the conditions the 2 days of that regatta were also blown out
- All the squad are looking forward to returning to Lake Ruataniwha for the 2024/25 season.

South Island Adaptive Indoor Championships

- Invercargill Rowing Club 29th April 2023 Nathan had his first taste of competition with some close finishes against the Canterbury & Otago athletes
- Arron & Lynett finishing in the top three in their class
- Grant claiming wins in all 4 of his events
- Lynett and Grant were named best Female & Male athletes Invercargill RC /Southland were awarded club of the year
- Special Olympics Southland have replaced the squads 25-year-old sculls with four new sets of Croker Sculls along with four new life jackets that are available for club use
- A have a go day for new adaptive athletes is being planned for late September 2024
- Support from the Invercargill Rowing Club members and manager Anne McKenzie is very much appreciated. "Thank You" David Galbraith --- Adaptive Coach



2023/24 Fundraising and Club Purchasing Programme

The committee was a little apprehensive about the demand and helpers for garden fertiliser this year, but they needn't have worried because it turned out to be the best year so far, with over 55 tonnes sold over 6 and a bit weeks. We also ended up with a reasonable amount of stock remaining, which will give a helpful boost with the profits for next year.

Once again, I need to acknowledge the many businesses and individuals who donated product, distribution materials, vehicles and time. These donations significantly increased the overall profits received, which went towards the ever-increasing club buildings and plant insurance premiums. The fundraising also reduced the annual membership subs by about \$340 per member this season.

A late funding grant application was submitted to Aotearoa Gaming Trust to purchase eight Skinny Comp Sweep Oars from Erg Fit, that were included in the clubs 2022/23 Capex purchasing programme. This \$5,003.00 grant application was successful and added to the clubs \$1,200.00 contribution.

Other than sponsorship and funding grants to assist the youth rowers with their away regatta costs, there were no other grant applications submitted this year for plant and building capital improvements. This was due to the fact that the club had no volunteers with the time to finalise the work scope, seek quotes and prepare the online grant applications.



Plant and Equipment Report

No report was provided at time of publishing; however, the following items were noted in the monthly meeting minutes:

- Large number of skiff repairs needed during and after the competitive season
- George arranged for the electrics in the coach boats to be checked and repaired after giving problems
- Additional aluminium trestles have been purchased for the skiffs
- Two skiffs were scheduled for repaints during the off season, they are the "Invercargill" quad and the "Sweet n Sour" double
- Two erg monitors were no longer operational and were replaced with the latest models



Building and Grounds Report

As usual property work around the club is a mixture of planned scheduled maintenance and reactionary work identified during the year.

The programmed maintenance included the exterior painting of the timber and steelwork to the buildings that had deteriorated. Thank you, Julie Dyer, for donating your labour to get the work completed before the winter months set in.

Other planned work included the annual servicing of the sewage pumping plant, cleaning windows and filling of driveway potholes, which George Kempton looked after. The green boat shed had its rusty roof screws replaced and snow straps fitted to the gutters, with donated labour from Barry and Gavin McKenzie.

Other maintenance work that cropped up during the year included:

- Boat winch control issues sorted by Philip Norman of Decom Electrical, along with him changing the faulty fluorescent light fittings in the ladies changing rooms to LED light fittings
- Security alarm system maintenance repairs undertaken by John Webb, from Alarm Centre Installations.
- Extra tyres were fitted below the concrete launching ramp, the flow problem in the men's showers was fixed and the internal door closers that were coming loose were resecured by Barry and Gavin McKenzie
- Gravel was donated by Southern Aggregates Ltd to top up the boat launching beach

The rowing clubrooms have been made available by the management committee for multiple rowing meetings and events, so it is good to see them being well used.

Invercargill Rowing Club – Established 1875 - Home Club of Olympic Gold Medallist Nathan Cohen & World Rowing Junior Championship Gold Medallist Shakira Mirfin

The recently installed security cameras have been a very effective deterrent since they have been installed, with no damage to the buildings occurring. Unfortunately, our neighbouring clubs have not fared so well and our grass parking area has had the occasional occurrence of vehicles skidding it up. The council sign on the road frontage was destroyed by a vehicle and is in the process of being replaced.

Health and Safety Report

The following H&S items were noted in the management committee's monthly meetings:

- The clubs Hazard Assessment and Management Plan was updated
- New policies developed and adopted by the committee
 - Key holder policy
 - Complaints policy
 - Code of Conduct policy
- RNZ safety audit took place and only minor issues identified for improvement
- On water safety equipment and log books reviewed and added to
- Police vetting of coaches and away regatta parent help
- Members notified of river hazards and a hazard map placed in the boat shed
- Additional lights purchased for the skiffs for safety during low light training
- Child safety policies being worked on.

Rachel Greenwood
Health and Safety Manager



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Communications and Records Report

The club's management committee have improved its record keeping and formalised several informal agreements it has with others over the last 12 months. These along with other achievements include:

- Achieving our registered charity status for the benefit of the club and assist with the Rowing for Life Aotearoa charity row, that Ian Hamilton is coordinating.
- Club Captain access to the club's electronic resource folders and dedicated club email address
- A Property and Plant Servicing folder has been set up to record work to be done and costs to assist with budgeting and ensure essential work does not get overlooked.
- Agreement signed for the use of the club's coastal rowing quad skiff for the NZ east coast charity row.
- The club has subscribed to a licence via Need a Nerd, that backs up and protects our electronic data from accidental deletion, or loss.
- Private boat storage agreements have been created and signed.
- The club web site and Facebook pages are being used to share good news and event happenings
- The committee agreed that we should have a \$50 per annum supporters' group and honorary membership for previous members who now row nationally, or internationally, for the period of time they are not rowing locally.

Other work in progress and assistance received during the year includes:

- Telfer Young Valuations donating their professional services to provide our club with its bi-annual insurance building valuation
- The sponsors board under the verandah will be used to advertise companies who donate goods and services, along with those who wish to pay \$50 per year for an A3 size advert.
- An information booklet is being prepared for New Members and Parents to hand out to those that are learning to row.
- We are receiving benefit from being a registered charity in that we no longer have to pay for our clubs Microsoft 365 five business subscriptions
- The club contributed feedback to the ICC Sandy Point Domain long term plan, so we receive benefit from future development work to the domain area.
- The committee agreed that the clubs 150th jubilee celebration would take place on the 20th, 21st & 22nd of June 2025. The planning for this event will take place with a subcommittee.
- A club Facebook Group has been set up called Invercargill Rowing Club Memories to share historic photos and memories with ex members and supporters

- The review of the club's constitution and rules will commence after Rowing NZ have completed their review, so that we can follow their lead.
- A sign in book in the clubroom entry foyer was suggested to keep track of who is coming and going, but it was considered too hard to manage and enforce.

Gavin McKenzie
IRC Records Manager

Treasurers Report

Result

Income for the year was \$49,724, which is \$953 up on the previous year. Of this \$5,003 were from the grant received towards the new sweep oars. The annual garden fertiliser fundraising was up \$270 on 2023 and membership subs up \$4,139 on 2023. Once again, the club relies very heavily on the annual garden fertiliser fundraiser and keeping membership levels up to keep the subs down to a manageable level.

Repairs and maintenance costs were down \$6,084, mainly due to no skiffs being repainted and minimal winter boat maintenance being undertaken. The club's insurance premiums increased \$4,374 on 2023, which is a reflection of the global insurance market movements. The electricity costs increased by \$1,039 on 2023. Depreciation was down \$1,709 on 2023.

The items listed are the larger variances in expenditure. The result for the year was a loss of \$31,938.

Financial Position

The cash position shown in the current assets section decreased by \$1,550 and if you remove the \$775 held for the charity row event operational costs the true reduction is \$2,325.

The benefit of the club now being a registered charity resulted in reduced Microsoft and Xero accounting subscription fees, however the Friendly Manager club registration and communication system subscription increased when the membership increased beyond 50 members.

Operational costs are expected to increase in 2024 as our active volunteer base diminishes and businesses are employed to provide the skill set required to keep the service levels the same.

Other

The club opened an additional bank charity sub-account in 2023/24, along with additional fuel cards and committee members with bank signing authority. This makes future charity event funding clearly visible and easier to manage.

Christine North
Treasurer

IRC Membership List 2023–2024 Season

Last Name	First Name	Squad	Southland Affiliated	National Licence
Aicken	Phil	Life Member		
Aicken	Neeka	7 Introductory Sessions		
Allan	Katrina	Masters - Competitive	Y	Y
Barnsdale	Penny	Coach & Club Captain		
Brown	Craig	Coach		
Brown	Shakayla	Novice - Student		
Brown	Mia	Secondary Student Under 18	Y	Y
Brown	Abby	Secondary Student Under 16	Y	Y
Chilton	Riley	Recreational - Non-Competitive		
Clark	Lily	Coxswain		
Cohen	Nathan	Life Member		
Cullen	Emily	Masters - Competitive & Secretary		
Davis	Laura	Secondary Student - Non-Competitive		
Dean	Frank	Dual Club - Competitive Rowing & Coach	Y	
Deans	Oliver	7 Introductory Sessions		
Devlin	Rory	Recreational - Non-Competitive		
Duffell	Tristan	Recreational - Non-Competitive		
Dyer	Steve	Masters - Competitive & Vice President	Y	
Dyer	Julia	Masters - Competitive & Coach	Y	
Froude	Kristen	Honorary Member		
Galbraith	David	Life Member & Adaptive Coach	Y	Y
Gorton	Geoff	Masters - Competitive	Y	
Green	Blake	Recreational - Non-Competitive		
Greenwood	Rachel	Masters - Competitive & Safety Manager	Y	
Hackett	Millie	Secondary Student - Non-Competitive		
Hamilton	Jeremy	Recreational - Non-Competitive		
Hamilton	Ian	Life Member, President & Coach	Y	
Henderson	Alex	Secondary Student Under 18	Y	Y
Hourston	Ciara	Secondary Student Under 16	Y	Y
Jack	Lilah	Novice - Student	Y	
Jack	Nigel	Recreational - Non-Competitive & Coach		
Jack	Darren	Recreational - Non-Competitive & Coach		
Jack	William	7 Introductory Sessions		
Johnston	Kate	7 Introductory Sessions		
Kempton	George	Life Member		
Kerr	Grace	Secondary Student - Non-Competitive		
King	Jordan	Adult - Under 27 Senior Competitive Rowing	Y	Y
King	Raewyn	Masters - Competitive		
Malmstrom	Maddie	Secondary Student Under 16	Y	Y

Mazaeda Churruarin	Tiziana	Secondary Student - Non-Competitive		
McKenzie	Gavin	Masters - Competitive & Records Manager	Y	
McKenzie	Grant	Adaptive Competitive	Y	Y
Moore	Beth	7 Introductory Sessions		
Mirfin	Shakira	Honorary Member		
North	Christine	Life Member & Treasurer		
Pasco	Molly	Secondary Student - Non-Competitive		
Paton	William	7 Introductory Sessions		
Potter	Bill	Assistant Treasurer		
Riley	Ron	Life Member		
Russell	Awhina	Coach		
Russell	Cecelia	Masters - Competitive	Y	Y
Ryan	Rex	Dual Club - Competitive Rowing	Y	
Scorrige	Nathan	Adaptive Recreational		
Sheehan	Meila	Secondary Student - Non-Competitive		
Sorensen	Olivia	7 Introductory Sessions		
Sullivan	Joseph	Honorary Member		
Sweney	Virginia	Masters - Competitive	Y	Y
Taare	Luke	Recreational - Non-Competitive		
Taare	Kate	Secondary Student Under 18	Y	Y
TeTai	Caitlin	Adult - Under 27 Senior Competitive Rowing	Y	Y
Thomas	Tessa	Masters - Competitive		
Thomas	Drew	Secondary Student Under 16	Y	Y
Tiplady	Bella	Secondary Student - Non-Competitive		
van Dam	Jacqui	Masters - Competitive	Y	Y
Watkinson	Ruby	Secondary Student Under 18	Y	Y
Wild	Aaron	Adaptive Recreational		
Wilks	Robin	Masters - Competitive		
Williams	Lynett	Adaptive Competitive	Y	
Wilson	Tane	Secondary Student Under 18	Y	Y

Invercargill Rowing Club (Inc)



2023 – 2024 Season



Back: Steve Dyer, Gavin McKenzie, Julie Dyer

Middle: Virginia Sweney, Ruby Watkinson, Drew Thomas, Ciara Hourston, Lily Clark, Maddie Malstrom, Kate Taare, Lilah Jack, Abby Brown, Mia Brown

Front: Penny Barnsdale (Club Captain), Frank Dean, George Kempton, Grant McKenzie, Aaron Wild, Nathan Scoringe, Lynett Williams, Rachel Greenwood, Emily Cullen (Secretary), Dave Galbraith

Absent: Phil Aicken, Katrina Allan, Craig Brown (Coach), Shakayla Brown, Ryley Chilton, Lily Clark, Nathan Cohen, Laura Davis, Rory Devlin, Tristan Duffell, Hannah Forsyth, Kevin Flutey (Coach), Kristen Froude, Geoff Gorton, Blake Green, Ian Hamilton (President) Jeremy Hamilton, Alex Henderson, Darren Jack, Nigel Jack (Coach), Grace Kerr, Jordan King, Raewyn King, Tiziana Mazaeda Churruarin, Christine North (Treasurer), Molly Pasco, Awhina Russell (Coach), Rex Ryan, Caitlin Te Tai (Committee), Nathan Te Tai (Committee), Ron Riley, Ceceila Russell, Meila Sheehan, Shakira Mirfin, Tesa Thomas, Bella Tiplady, Kate Watkinson, Tane Wilson, Jacqui van Dam, Robin Wilks

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